

Supplementary Table 1. Clinical characteristic difference between those who performed sleep evaluation and those who did not

| Characteristics | Performed sleep study (n=98) | Sleep study not performed (n=41) | <i>p</i> |
|--------------------------------------|------------------------------|----------------------------------|----------|
| Age (yr) | 45.2±11.7 | 42.1±14.4 | 0.186 |
| Male | 48 (49.0) | 14 (34.1) | 0.109 |
| Systolic blood pressure (mm Hg) | 144.0±17.4 | 148.6±17.8 | 0.227 |
| Diastolic blood pressure (mm Hg) | 91.3±12.0 | 89.7±12.7 | 0.535 |
| Body mass index (kg/m ²) | 37.4±5.7 | 35.5±6.4 | 0.091 |
| Neck circumference (cm) | 41.8±4.4 | 39.2±3.3 | 0.003 |
| Waist circumference (cm) | 117.7±12.5 | 113.3±9.5 | 0.375 |
| Hypertension | 62 (63.3) | 26 (63.4) | 0.987 |
| Diabetes | 55 (56.1) | 34 (34.1) | 0.018 |
| Dyslipidemia | 49 (50.0) | 23 (41.5) | 0.358 |
| Cardiovascular disease | 3 (3.1) | 1 (2.4) | 0.841 |

Data are presented as mean±standard deviation or n (%).